

# STUDENTS APPEARING UNDER THE INFLUENCE OF SUBSTANCES

The College has a zero-tolerance policy regarding drugs and/or alcohol on campus and these matters will be strictly dealt with. The State Education Code strictly forbids any sale, use, or possession of drugs and/or alcohol on public property. If you observe any suspicious activity or behavior, call campus police (530) 895-2351 or 2677 (COPS) from campus phones or 911 immediately.

Alcohol is the most widely used psychoactive drug and the preferred drug on college campuses. Consuming alcohol in large quantities quickly can cause alcohol poisoning or death. Other adverse effects may include hangovers, hospitalization for alcohol overdose, poor academic performance, missed classes, injury, and unprotected sexual activity.

Student alcohol abuse is most often identified by faculty when irresponsible, unpredictable behavior affects the learning situation (i.e., drunk, and disorderly in class), or when a combination of the health and social impairments associated with alcohol abuse sabotages student performance. Because of the denial that exists in most substance abusers, it is important to.

Symptoms associated with substance abuse are dependent upon the type of substance used. The following outlines observable symptoms for the most used drugs in Butte County.

## **Marijuana**

- Difficulty forming concepts or thoughts
- Poor concentration and confusion
- Loss of motivation
- Wide mood swings
- Aggression and hostility
- Depression, anxiety, and paranoia

## **Methamphetamine & Cocaine**

- Enhanced wakefulness
- Increased physical activity
- Irritability and aggression
- Writhing, jerking, or flailing
- Tremors, hyperthermia, and convulsions
- Delusions, paranoia, and hallucinations

## **Alcohol**

- Mild euphoria and loss of inhibition
- Impaired judgment, memory, concentration, and coordination
- Altered sense of time and space
- Impaired fine motor skills
- Slow reactions
- Irritability
- Hyper and erratic behavior
- Confusion
- Non-stop babbling
- Aggressive and violent behavior

## **Suggested strategies for manage an intoxicated student:**

1. Call Campus Police immediately (530) 895-2351 or 2677 (COPS) from campus phones.
2. Express your concern for the student, not in terms of suspicions about alcohol and other drugs, but in terms of specific changes in behavior or performance